

Right to Choose Referrals for ADHD and/or Autism assessments

Services that are currently accredited locally for ADHD and Autism assessments are listed below, along with links to their websites for further information and wait times. These providers are directly contracted by West Yorkshire ICB and have been through a thorough assurance process. Any providers commissioned for the ADHD pathway, are commissioned to continue with ADHD prescribing if the referring GP does not accept shared care.

Under the NHS Right to Choose scheme, patients in England may also request referral to other providers, including services that are not currently on the West Yorkshire ICB accredited list, provided the provider holds an NHS Standard Contract with at least one Integrated Care Board (ICB) in England and is able to provide appropriate care.

Please be aware that although referrals can still be made to non-accredited providers, funding responsibility remains with West Yorkshire ICB. This means there may sometimes be delays before assessments can proceed, as some providers may need to wait for funding approval before appointments can be offered.

Important Information

- Patients may choose either accredited local providers or other eligible Right to Choose providers
- Referrals to non-accredited providers may take longer to process
- Assessment access and appointment times may be affected by local NHS funding arrangements
- We may need to review requests for providers not listed below to ensure the service is appropriate and eligible under Right to Choose

For further information about Right to Choose referrals, please visit:

[West Yorkshire Health and Care Partnership – Right to Choose](#)

While awaiting an assessment, further information and support can be found here:

- [West Yorkshire Healthier Together](#)
- [West Yorkshire Health and Care Partnership – Neurodiversity Support](#)

How to Request a Referral

1. Review the list of West Yorkshire ICB Accredited Providers below
2. Choose the provider you would like to be referred to
3. Complete the referral form following the link below. Once completed, hand the paperwork into the surgery and advise us of your chosen provider and we will make the necessary onward referral
4. [LINK](#) **We may then contact you for further information or ask you to complete additional forms, depending on the requirements of the service you have selected.**

West Yorkshire ICB Accredited Provider List

Provider	Pathways commissioned	Website
Crofton & Sharlston Medical Practice	Adult ADHD Assessment & Treatment	Adult ADHD Clinic (New Service) – Crofton and Sharlston Medical Practice
Harley Street Mental Health	Adult Autism Assessment	NHS Assessments – Harley Street Mental Health
Leeds GP Confederation	Adult ADHD Assessment & Treatment	Adult ADHD – Leeds GP Confederation
Innovate ADHD	Adult ADHD Assessment & Treatment	NHS Patients Right to Choose ADHD Assessment Innovate ADHD
Mantle Psychology	All Age Autism Assessment All Age ADHD Assessment & Treatment All Age Combined Autism and ADHD Assessment	Assessments – Mantle Psychology
Oakdale Therapies	All Age Autism Assessment All Age ADHD Assessment & Treatment All Age Combined Autism and ADHD Assessment	Neurodevelopmental Service (Autism/ADHD/Medication) – Oakdale Centre
Quay Primary Healthcare CIC	Adult ADHD Assessment	Right to Choose – QUAY Healthcare
West Oak Clinic	All Age Autism Assessment All Age ADHD Assessment & Treatment All Age Combined Autism and ADHD Assessment	NHS Right to Choose Westoak Clinic

Non-Contracted Provider List

The referral process for non-contracted providers is different. Please visit the provider's website directly to complete their specific referral form and follow their referral process.

Provider	Commissioning ICB	Pathways Commissioned	Website
ADHD 360	NHS Devon ICB	All Age Autism Assessment All Age ADHD Assessment & Treatment	Right To Choose ADHD Diagnosis And Treatment ADHD360
Axia ASD Ltd	NHS Greater Manchester ICB	Adult Autism Assessment	Referral – Axia ASD
Care ADHD	NHS Norfolk & Waveney ICB	Adult ADHD Assessment & Treatment	NHS Right to Choose ADHD Assessment — CARE ADHD
Clinical Partners	NHS Bristol, North Somerset and South Gloucestershire ICB	All Age Autism Assessment All Age ADHD Assessment & Treatment	NHS Right to Choose Clinical Partners
Dr J & Colleagues (Jajawi & Asker)	NHS Lincolnshire ICB	All Age Autism Assessment All Age ADHD Assessment & Treatment	Psychiatry UK Right To Choose Dr J and Colleagues
Evolve Psychology	NHS Devon ICB	All Age Autism Assessment (virtual)	Right to Choose ADHD & Autism Assessments
Evolve Psychology	NHS Norfolk & Waveney ICB	CYP Autism Assessment (in person) CYP ADHD Assessment only	Right to Choose ADHD & Autism Assessments
Harrow Health	NHS Devon ICB	Adult ADHD Assessment & Treatment	Adult ADHD Assessment and Treatment Harrow Health

HealthHarmonie	NHS Herefordshire & Worcestershire ICB	Adult ADHD Assessment & Treatment	Right to Choose our ADHD NHS Services – HealthHarmonie Minds
Held Health	NHS Devon ICB	CYP Autism Assessment CYP ADHD Assessment & Treatment	Right to Choose CYP Autism (ASD) & ADHD assessments with Held Health in support of the NHS — Held Health
Help for Psychology Services	NHS Norfolk & Waveney ICB	CYP Autism Assessment CYP ADHD Assessment & Treatment	NHS Right To Choose For ADHD & Autism Assessments
KT Healthcare	NHS Devon ICB	All Age Autism Assessment	About Right to Choose
La Tahzan Centre	NHS Devon ICB	Adult ADHD Assessment & Treatment	ADHD – LaTahzan Centre
Neurodiversity Assessments	NHS Devon ICB	Adult Autism Assessment	Neurodiversity Assessment – Adult autism assessment
Paloma Health (Your Patient Choice)	NHS Norfolk & Waveney ICB	CYP Autism Assessment	Paloma Health Children's autism assessments
Problem Shared	NHS Devon ICB	All Age Autism Assessment Adult ADHD Assessment & Treatment	NHS Right to Choose Autism & ADHD assessments
Psychiatry UK	NHS Devon ICB	Adult Autism Assessment Adult ADHD Assessment & Treatment	Right To Choose ADHD Psych-UK Limited

Psicon	NHS Sussex ICB	All Age ADHD Assessment & Treatment CYP (age 3+) Autism Assessment	Right to Choose UK NHS Referral Process
Psicon	NHS Devon ICB	Adult Autism Assessment	Right to Choose UK NHS Referral Process
RTN Mental Health Solutions	NHS Devon ICB	All Age Autism Assessment	Right to Choose Autism & ADHD Assessments – RTN Mental Health
RTN Medical	NHS Devon ICB	Adult ADHD Assessment & Treatment	
Sinclair Strong Consultants LTD	NHS Kent and Medway ICB	Adult Autism Assessment Adult ADHD Assessment & Treatment	Right to Choose Sinclair-Strong Consultants Ltd
Skylight Psychiatry	NHS Norfolk & Waveney ICB	Adult Autism Assessment	NHS Right to Choose for Adult Autism Assessments
Skylight Psychiatry	NHS Cambridge & Peterborough ICB	Adult ADHD Assessment & Treatment	NHS Right to Choose for Adult Autism Assessments
The Owl Centre	NHS Norfolk & Waveney ICB	CYP Autism Assessment All Age ADHD Assessment & Treatment	ADHD and Autism Right to Choose services The Owl Centre UK